

# Health History Results | Turned In

NUR 3065 - August 2015

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## Your Results

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## Transcript

Started: Sep 02, 2015 | Patient Exam Time: 137 min

All Lines (172)

Interview Questions (135)

Statements (18)

Exam Actions (19)



Height: 170 cm

**Exam Action**  
08:30 PM EDT



Weight: 90 kg

**Exam Action**  
08:30 PM EDT



BMI: 31

**Exam Action**  
08:30 PM EDT



Random blood glucose: 238

**Exam Action**  
08:30 PM EDT



Temperature: 102.4 F

**Exam Action**  
08:30 PM EDT



Blood pressure: 138/90

**Exam Action**  
08:30 PM EDT



Heart rate: 90

**Exam Action**  
08:30 PM EDT



Respiratory rate: 18

**Exam Action**  
08:30 PM EDT



O2 sat: 98%

**Exam Action**  
08:30 PM EDT



Hi tina my name is ashley I will be your nurse today

**Greet**  
08:32 PM EDT

Hey.



Closed privacy curtain

**Exam Action**  
08:32 PM EDT



Washed hands before examination

**Exam Action**  
08:32 PM EDT



I am going to get a set of vitals from you before we begin (No matching questions found.)

**Question**  
08:32 PM EDT



I am going to get your vital signs is that ok (No matching questions found.)

**Question**  
08:33 PM EDT



Measured vitals: Temp: 39.1 C / 102.4 F BP: 138/90 HR: 90 RR: 18 O2 Sat: 98%

**Exam Action**  
08:33 PM EDT



can you tell me on a scale of 0-10 what you would rate your pain

**Question**  
08:34 PM EDT



...Like a 7. It hurts a lot, but whatever pain med the ER gave me is helping a little bit.



where is the pain

**Question**  
08:35 PM EDT



It feels like the pain is just centered around the scrape, like around the ball of my foot. That's where it hurts the most, but my whole foot feels some pain.



I am sorry to hear that you are in pain

**Empathize**  
08:36 PM EDT



Thanks.



how does the pain affect you activities of daily living

**Question**  
08:36 PM EDT



I mean, the last two days I couldn't walk on my foot, so it's gotten in the way of everything -- I had to basically stay home and off my foot. I didn't think it could get to the point where it caused so many problems.



I am sorry it has affected you so much I hope that we can find a way to resolve this for you

**Empathize**  
08:37 PM EDT



Thanks.



can you tell me what brings you in today

**Question**  
08:40 PM EDT



I got this scrape on my foot awhile ago, and it got really infected. It's killing me.



which foot

**Question**  
08:41 PM EDT



My right foot.



is there any redness

**Question**  
08:41 PM EDT



No, my joints are fine.



is there any drainage from the wound

**Question**  
08:41 PM EDT



Yeah, there's definitely pus.



how much pus

**Question**  
08:42 PM EDT



It seemed like a lot.



how big is the wound

**Question**  
08:42 PM EDT



I don't know... Maybe smaller than a quarter? A nickel? I can't say, exactly.



can you verify your name for me

**Question**  
08:43 PM EDT



Tina Jones.



can you tell me your age

**Question**  
08:43 PM EDT



I'm 28.



where on your foot is the scrape

**Question**  
08:45 PM EDT



It's on the ball of my foot.



can you tell me the quality of the pain in you foot

**Question**  
08:47 PM EDT



It's throbbing and like, sharp if I try to put weight on it.



when did you first notice the wound (Clarified to when did you notice the pain.)

**Question**  
08:48 PM EDT



Well, I got the scrape a week ago, but the scrape and the pain got a lot worse in the last few days.



I am sorry to hear that the scrape is causing you so much pain

**Empathize**  
08:49 PM EDT



Thanks.



what do you do at home to decrease the pain (Clarified to what have you been doing for the scrape.)

**Question**  
08:49 PM EDT



I made sure to clean it and keep it bandaged. And I put neosporin on it.



what do you do at home to relieve the pain (Clarified to does anything help the pain.)

**Question**  
08:50 PM EDT



Whatever pain medication the ER gave me is helping. Before I came in, I was just taking Advil. For the past few days, the Advil wasn't doing much for me -- it would only last a couple of hours.



when did the advil stop working for your pain

**Question**  
08:51 PM EDT



It helps for a few hours, but it never makes the pain go completely away.



when did you begin noticing the pus drainage

**Question**  
08:52 PM EDT



I started noticing it two days ago; that and the pain is why I decided to come here.



have you noticed any swelling

**Question**  
08:53 PM EDT



Yeah, the bottom of my foot is swollen.



I am going to look at the wound is that ok

**Question**  
08:53 PM EDT



Sure...but the scrape is pretty gross.



how did you get this scrape

**Question**  
09:06 PM EDT



I was changing a light bulb, and I had to use our little stepstool to reach it. My foot slid off the bottom step and it got all scraped up. I didn't realize how sharp the edge was!



were you drinking when you fell

**Question**  
09:08 PM EDT



No, I was stone-cold sober. It was the middle of the day.



where you wearing shoes when this happened

**Question**  
09:10 PM EDT



No, I was barefoot.



have you seen your primary care doctor about the wound yet

**Question**  
09:11 PM EDT



I'm sorry, I don't remember the doctor I saw. ...Oh, and I don't have a primary care doctor now, if that's what you meant.



was there an odor coming from the drainage

**Question**  
09:13 PM EDT



Um, it doesn't smell like anything, as far as I know.



what color is the pus

**Question**  
09:13 PM EDT



It's... white or maybe off-white.



were you running a fever at home

**Question**  
09:14 PM EDT



Yeah, I started to have one yesterday, and then it was a little better this morning. It kinda crept up all day.



did you take anything for it

**Question**  
09:14 PM EDT



Yes, I've been taking Advil.



have you noticed any redness with your wound

**Question**  
09:17 PM EDT



Yeah, it's red all around the scrape.



has the wound effected your ability to work

**Question**  
09:18 PM EDT



No.



has the wound affected your ability to walk (Clarified to does your foot injury make it difficult to walk.)

**Question**  
09:19 PM EDT



I mean, I literally can't put weight on my foot, the pain is so sharp.



what are you using at home to move around

**Question**  
09:19 PM EDT



I can sit up and everything, but I'd definitely need some help to stand up or walk since my foot is still hurting so bad.



do you have any allergies to latex

**Question**  
09:22 PM EDT



Nope.



do you have any allergies to environmental irritants

**Question**  
09:23 PM EDT



No, unless cats count.



what happens when you are near cats

**Question**  
09:23 PM EDT



Whenever I'm around cats, I start sneezing, my eyes get itchy. . . and my asthma starts to act up.



do you use an inhaler to relieve symptoms (Clarified to does the inhaler work.)

**Question**  
09:25 PM EDT



Yeah, it usually helps. But lately I've been using maybe an extra puff -- like 3 instead of 2.



I am sorry to hear that you are having to use your inhaler more often

**Empathize**  
09:25 PM EDT



Thanks.



have you talked to your doctor about the increased use of the inhaler (No matching questions found.)

**Question**  
09:25 PM EDT



does the doctor know that you are using the inhaler more (Clarified to Do you use an inhaler to control your asthma?.)

**Question**  
09:26 PM EDT



Yeah, I use it when my asthma acts up.



do you have any medication allergies

**Question**  
09:27 PM EDT



Yeah, I'm allergic to penicillin.



what happens when you get penicillin

**Question**  
09:28 PM EDT



I don't remember that well because the last time I had penicillin I was pretty little. . . I think I got a rash, like, hives. The doctor told me not to take it again after that.



any food allergies

**Question**  
09:28 PM EDT



Nope, no food allergies that I know of.



any allergies to over the counter medications

**Question**  
09:28 PM EDT



I take Tylenol for a headache sometimes, or Advil for cramps, but not often.



do you have any allergies to dust

**Question**  
09:32 PM EDT



Well. . . I don't know if it's allergies, but sometimes my asthma acts up around dust.



what about pollen

**Question**  
09:32 PM EDT



I don't have problems with that that I know of.



what does your asthma do when you are around dust

**Question**  
09:32 PM EDT



If I'm around a lot of dust, I can get sneezy, or I can start wheezing. Sometimes I get itchy eyes.



do you have any food allergies

**Question**  
09:34 PM EDT



Nope, no food allergies that I know of.



are all of your immunizations up to date

**Question**  
09:35 PM EDT



I'm pretty sure I am, yeah.



did you receive all of your immunizations as a child

**Question**  
09:36 PM EDT



I am pretty sure I received all my vaccines as a kid, like before registering for school.



have you received any boosters

**Question**  
09:37 PM EDT



I got a tetanus booster for work about a year ago. For the other kinds, I got all the required ones when I was a kid, and for college...I'm sure I have a record somewhere at home.



have you had your flu shot this year

**Question**  
09:38 PM EDT



No.



are you currently on any medication at home

**Question**  
09:39 PM EDT



I just have my inhaler, really, and I've been taking Advil for my foot the past few days.



what is the name of the medication in your inhaler

**Question**  
09:39 PM EDT



It's just a regular Proventil inhaler.



what is the dosage (Clarified to what dosage of albuterol do you take.)

**Question**  
09:39 PM EDT



I usually use two puffs from my inhaler, but lately I sometimes need three. [Nurse confirmed with Pharmacy: albuterol 90mcg/spray MDI]



have you talked to your doctor about the need to use your inhaler more often (Clarified to have you used your inhaler recently.)

**Question**  
09:40 PM EDT



I had to use my inhaler three days ago when I was at my cousin's house.



what symptoms do you have (No matching questions found.)

**Question**  
09:40 PM EDT



i am sorry that you are having a hard time with your asthma

**Empathize**  
09:41 PM EDT



Thanks.



how many puffs do you use with your inhaler

**Question**  
09:43 PM EDT





I usually use two puffs from my inhaler, but lately I sometimes need three. [Nurse confirmed with Pharmacy: albuterol 90mcg/spray MDI]



when were you diagnosed with asthma

**Question**  
09:43 PM EDT



My doctor told me when I was pretty little... I think I was about two and a half? I used to have a lot of trouble with asthma attacks back then.



have your asthma symptoms gotten better (Clarified to Has your asthma gotten worse since you were diagnosed?.)

**Question**  
09:44 PM EDT



No, my asthma has definitely got better since I was little. It used to be really bad.



what are your asthma symptoms

**Question**  
09:44 PM EDT



My chest and throat get tight, and I start to wheeze. It feels like I can't take in air, like I can't get enough air into my lungs.



where you ever hospitalized for asthma

**Question**  
09:46 PM EDT



I went a bunch of times when I was little, for asthma attacks.



when was your last hospitalization

**Question**  
09:47 PM EDT



I used to go a lot. The last time I was sixteen, I think.



were you ever intubated during hospitalizations

**Question**  
09:48 PM EDT



You mean like, did they ever have to put me on a breathing machine? No, I haven't had an asthma attack that serious.



when were you diagnosed with asthma

**Question**  
09:49 PM EDT



My doctor told me when I was pretty little... I think I was about two and a half? I used to have a lot of trouble with asthma attacks back then.



do you have a history of diabetes

**Question**  
09:50 PM EDT



Yeah, I was diagnosed a few years ago.

I am sorry to hear that. That must have been difficult for you



**Empathize**  
09:50 PM EDT



Thanks.



are you taking any medication for your diabetes

**Question**  
09:51 PM EDT



No, I don't take anything for my diabetes anymore.



Is there a reason you no longer take your diabetes medication

**Question**  
09:51 PM EDT



Yeah, I only took it for about a year.



how are you controlling your blood sugar

**Question**  
09:52 PM EDT



I just watch what I eat and try to stay away from sweets.



are you exercising

**Question**  
09:52 PM EDT



I don't have the energy to go to a gym or anything after work...I'm pretty exhausted by the end of the day. But I'm on my feet all the time at work so I feel like that's a little bit of exercise most days at least.



are you monitoring your blood sugar at home

**Question**  
09:52 PM EDT



I have a monitor at home, but to be honest I don't really use it that often.



increased blood sugar can cause your wound to heal a lot slower than usual. Uncontrolled diabetes can also cause vascular disease, amputations, and blindness.

**Educate**  
09:55 PM EDT



Thanks for telling me.



do you remember how old you were when you were diagnosed with diabetes

**Question**  
09:57 PM EDT



I was diagnosed when I was 24.



have you ever used diabetic medication (Clarified to were you ever prescribed diabetes medication.)

**Question**  
09:58 PM EDT

Yeah, when I was diagnosed they gave me a medicine to try.



is there a reason you stopped using it

**Question**  
09:58 PM EDT



I guess I just got sick of feeling sick and gassy all the time, and it was overwhelming, remembering to take pills and check my sugar. I feel a lot better now that I'm just eating healthier than I did when I was taking the pills.



would you be willing to start the diabetic medications again if we start off slow

**Question**  
09:59 PM EDT



I would take medication again if I could be sure I wouldn't feel sick all the time like I did before.



starting off slow and easing your way up will help decrease your symptoms

**Educate**  
10:00 PM EDT



Thanks for telling me.



I am sorry that taking the diabetic medication caused you so much discomfort

**Empathize**  
10:00 PM EDT



Thanks.



when was the last time you took your diabetic medication

**Question**  
10:01 PM EDT



I haven't taken it in about three years, honestly.



when was the last time you used your inhaler

**Question**  
10:01 PM EDT



I had to use my inhaler three days ago when I was at my cousin's house.



when was the last time you checked your blood sugar

**Question**  
10:02 PM EDT



I don't check it very often, honestly. . . I think the last time was about a month ago.



do you have hypertension

**Question**  
10:03 PM EDT



No, I've never been diagnosed with blood pressure problems.

do you have increased thirst





**Question**  
10:03 PM EDT



You know, I did notice lately that I've been really thirsty.



do you have increased hunger

**Question**  
10:03 PM EDT



Yeah, lately I've definitely been much hungrier than usual.



have you been peeing a lot lately

**Question**  
10:04 PM EDT



Yeah, but I've been drinking more water.



those are all signs of an increase in blood sugar

**Educate**  
10:04 PM EDT



Thanks for telling me.



have you ever had any surgeries

**Question**  
10:05 PM EDT



Nope. No surgeries... I've been lucky.



when did you start your menstrual cycle

**Question**  
10:06 PM EDT



I think I was eleven.



do you have an issues with your period

**Question**  
10:06 PM EDT



I'd say it's heavy. I use the like, extra absorbent tampons, and I still have to change it every two or three hours.



have you ever been pregnant

**Question**  
10:08 PM EDT



I've never been pregnant.



have you ever been pregnant

**Question**  
10:10 PM EDT



I've never been pregnant.



how often do you get a pap smear

**Question**  
10:11 PM EDT



I go every few years I guess...it's been awhile since my last one.



It is very important that you maintain your yearly pap smear for early detection of cancer. there are free clinics if you do not have insurance

**Educate**  
10:12 PM EDT



Thanks for telling me.



what other medications do you take

**Question**  
10:13 PM EDT



Lately, just the Advil...and that time I used my inhaler a few days ago.



how often do you take advil

**Question**  
10:13 PM EDT



I've been taking two Advil, three times a day.



what time do you take the advil (Clarified to What are you taking the Advil for?.)

**Question**  
10:14 PM EDT



For my foot.



what is the dosage (Clarified to Do you know the dose of Advil?.)

**Question**  
10:14 PM EDT



I just got the regular small dose, not extra strength or anything. I take two, though.



do you take any vitamin supplements

**Question**  
10:15 PM EDT



No, I don't take any vitamins.



do you take any over the counter medications

**Question**  
10:16 PM EDT



I take Tylenol for a headache sometimes, or Advil for cramps, but not often.



do you have a family history of cancer

**Question**  
10:18 PM EDT



Um, Grandpa Jones died of colon cancer.



I am sorry to hear that your grandfather past from colon cancer that must have been hard. (No matching questions found.)

**Question**  
10:18 PM EDT



I am sorry to hear that your grandfather died of colon cancer

**Empathize**  
10:19 PM EDT



Thanks.



any family history of diabetes

**Question**  
10:20 PM EDT



Dad had sugar diabetes, and I think my Grandpa Jones did too.



any family members with hypertension

**Question**  
10:21 PM EDT



We've got high blood pressure in our family for sure. Granny, Mom, and Dad had it...and honestly I think my other three grandparents might've had issues with that, too.



how was your mothers health

**Question**  
10:22 PM EDT



I think Poppa had the same issues as Nana...high blood pressure, cholesterol.



is that your mothers parents (Clarified to Are your mother's parents in good health?.)

**Question**  
10:23 PM EDT



No, they both died about five years ago.



I am so sorry to hear that. That must be very hard for you

**Empathize**  
10:23 PM EDT



Thanks.



what did your mother die of (Clarified to how did your mom's mother die.)

**Question**  
10:23 PM EDT



Nana died of a stroke. It was pretty sudden.



how did your mother die

**Question**  
10:24 PM EDT



My mom is still alive, thank God!



is your mother in good health

**Question**  
10:24 PM EDT



Mom has high cholesterol and blood pressure, I think. She seems to be doing okay though.



how is your fathers health

**Question**  
10:25 PM EDT



Dad passed away last year, so...it's been really hard.



I am so sorry to hear that. That would be very hard.

**Empathize**  
10:25 PM EDT



Thanks.



how are you coping with your fathers death

**Question**  
10:26 PM EDT



Now that time has gone by, and I've had a chance to grieve, I feel like I'm coping really well. Church helps, and talking about dad with my family. I'm at peace with it now, knowing he's with God.



Religion is a great coping mechanism I am so happy you find peace in what happened.

**Educate**  
10:26 PM EDT



Thanks for telling me.



what did your father die from

**Question**  
10:27 PM EDT



He died in a car accident.



how was your fathers health before the accident (Clarified to can you tell me about your father's health.)

**Question**  
10:28 PM EDT



He had high blood pressure and cholesterol, and diabetes too...the same as me.



how old was your father when he died

**Question**  
10:30 PM EDT



Last year when Dad passed, he was only 58.



how is the health of your brother

**Question**  
10:31 PM EDT



He's a healthy guy. Kinda big like me.



does he have diabetes (No matching questions found.)

**Question**  
10:31 PM EDT



does your brother have diabetes

**Question**  
10:31 PM EDT



He doesn't have that. He's a little big, but he's pretty healthy guy.



how is your sisters health

**Question**  
10:32 PM EDT



She's pretty healthy. She has asthma too, but she almost never has attacks.



who do you live with

**Question**  
10:32 PM EDT



Right now I live back at home with my mom and my sister.



do you drink alcohol

**Question**  
10:33 PM EDT



I do sometimes, yeah, when I go out with my friends.



do you have any family members with alcoholism

**Question**  
10:34 PM EDT



One person in the family, my dad's brother, has an alcohol problem, but we never see him.



do you smoke cigarettes

**Question**  
10:34 PM EDT



No. I think it's gross.



do you use any drugs

**Question**  
10:35 PM EDT



No.



have you ever used drugs in the past (Clarified to Have you ever experimented with drugs.)

**Question**  
10:35 PM EDT



Well, I used to smoke pot. . . but I don't do that anymore.



what caused you to quite (Clarified to Why did you stop smoking marijuana?.)

**Question**  
10:35 PM EDT



It just wasn't that fun anymore, plus it started to bother my asthma.





I am very glad to hear that you have moved forward from using marijuana that must have been a big step for you

**Empathize**  
10:36 PM EDT



Thanks.



are you in school

**Question**  
10:37 PM EDT



Yes.



what are you going to school for

**Question**  
10:37 PM EDT



I'm going to get my bachelor's in accounting.



how far along in school are you

**Question**  
10:37 PM EDT



I went back to school when I was 24. I actually started college right out of high school, when I was 19, but I stopped after a year when I started to work full time. Now I'm a lot more focused on getting my degree.



that is awesome I am so happy to hear that you are moving forward in you are moving in a positive direction with your education

**Empathize**  
10:38 PM EDT



Thanks.



how is your pain level now

**Question**  
10:39 PM EDT



...Like a 7. It hurts a lot, but whatever pain med the ER gave me is helping a little bit.



would you like something for your pain

**Question**  
10:40 PM EDT



I'm not sure. Maybe I could get another dose of the pain medication before I try to sleep, if I need it then.



ok, can I give you something for your fever (No matching questions found.)

**Question**  
10:40 PM EDT



can I give you something for your fever (No matching questions found.)

**Question**  
10:40 PM EDT



would you like some tylenol for your fever

**Question**  
10:41 PM EDT

...No, I don't think I need any right now.



how tall are you

**Question**  
10:41 PM EDT



I'm around 5' 7".



how much do you weigh

**Question**  
10:41 PM EDT



I think around 195?



have you noticed any recent weight gain or loss

**Question**  
10:42 PM EDT



Yeah, I've lost some weight recently.



did you try to loss the weight

**Question**  
10:42 PM EDT



No, I'm not trying to lose weight, but I did lose a little recently without meaning to.



are you eating healthy

**Question**  
10:42 PM EDT



Sort of. I try to stay away from sweets and fast food. I'm not much of a salad person, but I try not to eat, like, pizza and French fries every day.



It is really important to eat a balanced diet and stay active and exercise when you have diabetes

**Educate**  
10:43 PM EDT



Thanks for telling me.



Do you need anything before I leave

**Question**  
10:45 PM EDT



I don't know. I just want to get some rest, hopefully soon. Thanks for asking though.



Measured vitals: Temp: 39.1 C / 102.4 F BP: 138/90 HR: 90 RR: 18 O2 Sat: 98%

**Exam Action**  
10:46 PM EDT



I will back in a little bit to check on you can i get you anything else (No matching questions found.)

**Question**  
10:49 PM EDT



can i get you anything else (Clarified to can i help you with anything.)

**Question**  
10:49 PM EDT



I don't need anything right now.



Bed set to lowest height

**Exam Action**  
11:04 PM EDT



Checked non-skid socks

**Exam Action**  
11:04 PM EDT



Bedside table within reach

**Exam Action**  
11:04 PM EDT



Placed call button within patient's reach

**Exam Action**  
11:04 PM EDT



Raised upper set of bed rails

**Exam Action**  
11:04 PM EDT



Washed hands after examination

**Exam Action**  
11:04 PM EDT

## Comments

**Joyce Burr (07 Sep 2015, 05:29 PM EDT):**

Introduction is professional and provides basic information. Consider adding information for the patient about you and your purpose and the estimated length of the encounter. Interview questions flow in a logical manner from chief complaint to overall health information to a three generation family history to body systems. Empathy and education are well addressed in the conversation. Although these are not technically "assessment" such statements help to move the conversation and inquiry forward and reinforce the nurse-client relationship. Appropriate safety considerations pre and post exam were addressed.

Documentation is detailed, organized and presented using professional language. Diet related to diabetes and Social history are significant aspects of the overall health history assessment and should be thoroughly addressed.

Information processing skill is demonstrated by priority setting, evidence and planning.

Hallway is specific to the client history and significant findings during the health history exam.

Outstanding Health History!